



## CALVINE MEDICAL AESTHETICS

*I authorize Calvin Medical Aesthetics to perform laser cosmetic treatments on me, including but not limited to: deep tissue heating, treatment of pigmented lesions, vascular lesions, and/or wrinkles. I understand that this procedure is purely elective, that the results vary with each individual, and that multiple treatments may be necessary to achieve desired results. Please initial after reading each statement.*

I understand that:

- I must arrive at least 10 minutes prior to my scheduled appointment time. \_\_\_\_\_
- There is a 24 hour cancellation/late arrival policy. If miss my appointment, cancel or change my appointment (which includes late arrival) with less than 24 hours notice, I forfeit my appointment at the discretion of the laser nurse providing the service. If you are late more than 15 minutes, you appointment will be cancelled and you will have to re-schedule. \_\_\_\_\_
- If you cancel an apt less than 24 hours in advance you will be charged the \$25 service fee. In order to book your next apt and resume any further treatments, you must pay the \$25 service fee \_\_\_\_\_
- Children are NOT allowed in the treatment room. Calvin Urgent Care employees are NOT responsible for your children. \_\_\_\_\_
- Serious complications are rare, but possible. \_\_\_\_\_
- Common side effects include temporary redness and a mild "sunburn" like affect that may last a few hours to 3-4 days or longer. \_\_\_\_\_
- Pigment changes, including hypo pigmentation (lightening of the skin) or hyper pigmentation (darkening of the skin), lasting 1-6 months or longer may occur. \_\_\_\_\_
- Freckles may temporarily or permanently disappear in treated areas. \_\_\_\_\_
- Other potential risks include crusting, itching, pain, bruising, burns, infection, swelling, and failure to achieve the desired result. \_\_\_\_\_
- Lasers can cause eye injury and protective eyewear must be worn during treatments. \_\_\_\_\_
- I understand that sun or tanning bed exposure (including self tanning lotions) and not adhering to the post-care instructions provided to me, may increase my chances of complications. \_\_\_\_\_
- I am not pregnant, using systemic steroids, have discontinued use of Accutane for at least 6 months, have a blood disorder, or have a history of keloid scarring. \_\_\_\_\_

I have read all of the above statements. The before and after treatment instructions have been discussed with me, the procedure as well as potential benefits and risks have been explained to my satisfaction, and my questions have been answered. I freely consent to the proposed treatment, and understand and agree to the above statements.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Provider's Signature \_\_\_\_\_ Date \_\_\_\_\_

# Fitzpatrick Skin Type Worksheet

Name:			Date:			
Score		0	1	2	3	4
	What is the color of your eyes?	Light Blue, Gray or Green	Blue, Gray, or Green	Blue	Dark Brown	Brownish Black
	What is your natural hair color?	Sandy Red	Blond	Chestnut, Dark Blond	Dark Brown	Black
	What is the color of your unexposed skin?	Reddish	Very Pale	Pale with Beige Tint	Light Brown	Dark Brown
	Do you have Freckles on Sun exposed areas?	Many	Several	Few	Incidental	None
	What happens when you stay in the sun to long?	Painful Redness, Blistering, Peeling	Blistering Followed	Burns sometimes followed by Peeling	Rare Burns	Never had Burns
	To what degree do you turn Brown?	Hardly or Not at all	Light color Tan	Reasonable Tan	Tan Very Easily	Turn Dark Brown Quickly
	Do you turn brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to the Sun?	Very Sensitive	Sensitive	Normal	Very Resistant	Never had a Problem
	When did you last expose yourself to the sun tanning bed or self-tanning creams?	More than 3 Months ago	2-3 Months ago	1-2 Months ago	Less Than 1 Month ago	Less than 2 Weeks ago
	Do you expose the area to be treated to the sun?	Never	Hardly Ever	Sometimes	Often	Always
Total Score:	Score	Fitzpatrick Skin Type:				
	0-7	I				
	8-16	II				
	17-25	III				
Skin Type:	26-30	IV				
	Over 30	V-VI				

Comments:

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Medical Spa Profile and Assessment Tool

Patient Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**We ask that all clients complete this profile prior to receiving any service. We use this information to accurately evaluate our client's specific needs. This information is completely CONFIDENTIAL and used for analysis purposes only.**

**1. Do you have any health issues? Check all that apply**

- Back/Spinal Problems     Blood Clots  
 Heart Problems         Pregnant or Lactating  
 Blood Pressure         Bruise Easily  
 Hormone Imbalance     Skin Sensitivity  
 Diabetes                 Epilepsy/Seizures  
 Rosacea                 Claustrophobia  
 Thyroid (over/underactive)  Implants (pacemaker, pins in bones, etc.)  
 Cancer: \_\_\_\_\_  Other Skin Problem: \_\_\_\_\_  
 Allergies/Sensitivities     HIV/AIDS

**4. Have you ever had a reaction to any of the following?**

- Shellfish/Iodine     Medicine         Make up  
 Sunscreens         Fragrance/Dyes     AHA's  
 Other: \_\_\_\_\_

**6. Do you sun bathe or use tanning beds?**

- Yes                 No

**8. Do you use sunscreen?**

- Yes                 No

**10. Do you smoke?**

- Yes                 No

**Do you exercise regularly?**

- Yes                 No

**14. What skin care program are you using?**

\_\_\_\_\_

**16. Please list recent surgeries, hospitalizations, major illnesses and accidents. (Include dates)**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2. Do you experience these conditions on your skin?**

- Flakiness         Tightness  
 Bruising         Oiliness  
 Breakouts        Redness

**3. Are you using acne/aging products? (oral/topical)**

- Retin-A         Renova                 Accutane  
 Differin        Azelex  
 Other: \_\_\_\_\_

**5. Have you been under a physicians care recently?**

- Yes                 No  
 If yes, for what? \_\_\_\_\_

**7. Are you using oral contraceptives?**

- Yes                 No

**9. Have you had microderms or chemical peels?**

- Yes                 No

**11. Do you follow a specialized diet?**

- Yes                 No

**13. List any meds/supplements you're taking:**

\_\_\_\_\_

**15. Have you started new meds, treatments, or skin care products recently? If yes, specify:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I confirm that to the best of my knowledge, the answers I have given are correct and I have no withheld any information. I will inform my practitioner of any changes in my health of lifestyle which may affect my treatments.**

Client Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**We respect patient confidentiality and only release personal health information about you in accordance with the State and federal law. This notice describes our policies related to the use of the records of your care and how you may get access to this information.**

**Use and Disclosure of Protected Health Information.** In order to effectively provide care, there are times when we will need to share your personal health information with others beyond the urgent care practice for:

**Treatment.** With your permission we may use or disclose personal health information about you to provide, coordinate, or manage your care or any related services, including sharing information with others outside of the urgent care practice that we are consulting with or

**Payment.** Information will be used to obtain payment for the treatment and services provided. This will include contacting your health insurance company for prior approval of planned treatment or for billing purposes.

**Operations.** We may use information about you to coordinate our business activities. This may include setting up your appointments, reviewing your care, and training staff.

**Information Disclosed Without Your Consent.** Under state and federal law, information about you may be disclosed without your consent in the following circumstances:

**Emergencies.** Sufficient information may be shared to address the immediate emergency you are facing.

**Follow Up Appointments/Care.** We will be contacting you to remind you of future appointments or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

**As Required by Law.** This would include situations where we have a subpoena, court order, or are mandated to provide public health information, such as communicable diseases or suspected abuse and neglect such as child abuse, elder abuse, or institutional abuse.

**Governmental Requirements.** We may disclose information to a health oversight agency for activities authorized by law, such as audits, investigations inspections and licensure. There also might be a need to share information with the Food and Drug Administration related to adverse events or product defects. We are also required to share information, if requested with the Department of Health and Human Services to determine our compliance with federal laws related to health care.

**Criminal Activity or Danger to Others.** If a crime is committed on our premises or against our personnel we may share information with law enforcement to apprehend the criminal. We also have the right to involve law enforcement and to warn any potential victims when we believe an immediate danger may exist to someone, or if we believe you present a danger to yourself.

**PATIENT RIGHTS AND RESPONSIBILITIES** You have the following rights under state and federal law:

**Copy of Record.** You are entitled to inspect the personal health record we have generated about you. We may charge you a reasonable fee for copying and mailing your record.

**Release of Records.** You may consent in writing to release of your records to others, for any purpose you choose. This could include your attorney, employer, or others who you wish to have knowledge of your care. You may revoke this consent at any time, but only to the extent no action has been taken in reliance on your prior authorization.

**Restriction on Record.** You may ask us not to use or disclose part of the personal health information. This request must be in writing. We are not required to agree to your request if we believe it is in your best interest to permit use and disclosure of the information.

**Contacting You.** You may request that we send information to another address or by alternative means. We will honor such request as long as it is reasonable and we are assured it is correct. We have a right to verify that the payment information you are providing is correct.

**Amending Record.** If you believe that something in your record is incorrect or incomplete, you may request we amend it. Your request should be made in writing. In certain cases, we may deny your request. If we deny your request for an amendment you have a right to file a statement you disagree with us. We will then file our response and your statement and our response will be added to your record.

**Accounting for Disclosures.** You may request a listing of any disclosures we have made related to your personal health information, except for information we used for treatment, payment, or health care operations purposes or that we shared with you or your family, or information that you gave us specific consent to release. It also excludes information we were required to release. We will notify you of the cost involved in preparing this list.

**Questions and Complaints.** If you have any questions, or wish a copy of this policy or have any complaints you may contact us in writing for further information. You also may complain to the Secretary of Health and Human Services if you believe this practice has violated your privacy rights. We will not retaliate against you for filing a complaint.

**Changes in Policy .** This practice reserves the right to change its Privacy Policy based on the needs of the practice and changes in state and federal law.

Read all sections before signing.

**IMPORTANT: I acknowledge that I have received and read this privacy notice.**

Signature \_\_\_\_\_ Date \_\_\_\_\_